

8 Week Intuitive Hands on Healing Class

with Carol Lowell

Carol is a Hands on Healing practitioner, Reiki master, Psychic and Medium with 20 years of experience working with clients and students. In this class, she will share techniques she has learned over the years from her teachers, spirit guides and clients. Classes will include opportunities for open Q & A discussion, practice sessions as well as a calming meditation. Participation is open to beginners wishing to learn as well as advanced students.

Topics include but are not limited to the following:

- *Introduction to Hands on Healing and basic technique*
- *Aura identification, clearing, balancing*
- *Cords and cord release*
- *Chakra system, understanding their meaning and energy flow*
- *Levels of vibration, shifting and release*
- *Long distance healing*
- *Use of crystals, tones and chimes*
- *Ethics and boundaries*

**Class series Monday evenings: June 11, 18,
July 9, 23, 30,
Aug 6, 20, 27
Time: 7:00 to 9:00 pm**

**Where: The CENTER for Intuitive Living,
5356 Chicago Ave S, Minneapolis, MN
Cost: \$30 per class**

**Contact: Carol Lowell 612-840-3562 or carol@carolmargaret.com
Pre-registration and deposit required by June 1, 2018**